

# THE "I HATE TO CLEAN" 30 DAY PLAN

Clean your whole house, one day at a time!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
VACUUM CARPETS	ORGANIZE AND CLEAN PANTRY	WASH BASEBOARDS	DUST CEILING FANS	FREE DAY	SWEEP AND MOP FLOORS	VACUUM APPLIANCE VENTS
DUST BOOKSHELVES	WASH SHOWER CURTAINS	FREE DAY	CLEAN WINDOW AND DOOR SCREENS	DUST LAMPS AND ELECTRONICS	CLEAN UNDER BEDS	RUN WASHER CLEANING CYCLE
WASH BEDDING	WASH WINDOWS	DEEP CLEAN TOILETS	FREE DAY	DUST BLINDS	DEEP CLEAN SINKS	CLEANING CYCLE OVEN
CLEAN FRIDGE	CLEAN MICROWAVE	FREE DAY	DUST DECOR	CLEAN OUT LITTER BOX	WASH CURTAINS	CLEAN WASH CABINETS
VACUUM CUSHIONS	FREE DAY	CLEAN UNDER COUCH	SHAKE OUT FLOOR RUGS	DUST SURFACES	DUST PICTURE AND ART FRAMES	WASH PET BOWLS